



Opportunities to help you grow this Lent

Additional Adoration Hours Every Tuesday and Thursday of Lent
Adoration 7:00-9:00
Confessions 7:00-8:00pm

There is another story, a way to see life differently. Want to change the lenses with which you see things, how you see people and how you see yourself? The Rescue project, a series of 9 videos, meant to be shared in small group settings over a series of weeks is perfect for Lent. Give you, your friends, your family, a new way to see reality this Lent. Get a group started TODAY!

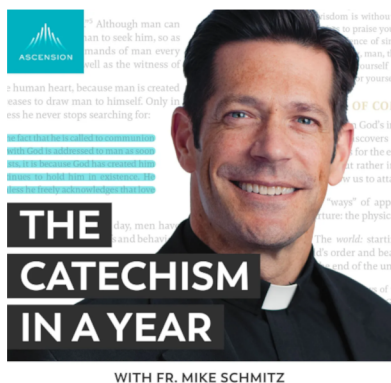


Please visit with Msgr Tucker if you are interested in starting a group.

Limited supply of materials are available from Msgr.

Go to the following website to watch a promotional video:

<https://watch.actsxxxix.org/therescueproject/videos/the-rescue-project-trailer>



Podcast Suggestion

"Catechism in a Year" and/or "Bible in a Year" podcasts with Fr. Mike Schmitz

The episodes are readily available and free of charge via Ascension and you can listen to them whenever it is convenient for your schedule. 365 episodes each will cover the entirety of the Bible and the Catechism. The episodes are 15-25 minutes long.

Fr. Mike provides explanation, insight, and encouragement with regard to the Catechism, giving you a better understanding of what it means to be Catholic and how the beliefs of the Church come together. The Bible podcasts cover two or three readings providing commentary, reflection, and prayer along the way. You will gain greater confidence in your understanding of Scripture and experience the transformative power of God's word daily. Each of these podcasts have provided fruit in meditation and prayer and we cannot recommend them enough.

Go to <https://ascensionpress.com/> to find links for both.

On-line Opportunities

-**FORMED.org** (parish access code XGWYQP)
(a few suggestions: Presence, Forgiven, Lenten Daily or Sunday reflections)

-**Science of Sainthood: Total Abandonment to God's Will**
<https://www.scienceofsainthood.com/>

-**Best Lent Ever**
<https://www.dynamiccatholic.com/lent.html>

Book Recommendations from the Spirituality Committee

- "The Pope Benedict XVI Reader," published by Word On Fire Institute

- "The Art of Living" by Edward Sri

- "The Way of Trust and Love" (St. Therese of Lisieux) by Jacques Philippe

- "Finding True Happiness" by Fulton Sheen

- "Unbound" by Neal Lozano

- "The Lamb's Supper" by Scott Hahn

For Kids

- "God the Father and the Best Day Ever"

- "Jesus and the Miracle of the Mass"

Both by Gracie Jagla

- "Easter Bunny's Amazing Day" by Carol Benoist

(These book recommendations can be purchased on Amazon)